

# MTB RACE FOR GENERAL PUBLIC 27. 4. 2024

## Ostrava Poruba

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### STARTING SCHEDULE

START PLACE - Hlavní třída in Ostrava Poruba

- 9:00 – run of the youngest kids on 500 m
- 10:00 – MTB 66 km
- 10:05 – parents with kids, right after the start of 66km race
- 10:15 – Charity run Srdce pro Porubu
- 11:00 – MTB 38 km
- 11:15 – MTB 10km student race

### CATEGORIES

#### 66 km

- men 29 years and younger
- men 30 – 39 years
- men 40 – 49 years
- men 50 - 59 years
- men 60 years and older
- women 39 years and younger
- women 40 years and older

#### 38 km

- men 15 years and older
- women 15 years and older
- University students

#### 10 km

- kids in-between 7 and 9 years
- kids in-between 10 and 12 years
- kids in-between 13 and 15 years

#### 3 km

- parents with kids at age 10 and younger, INCLUDING STROLLERS AND CHILD SEATS (at least one kid must be born in 2005 or later)- this isn't a competing category

### TEAM CONTESTS

- **Elementary school teams** – Team of 4 members: 3 students (15 years and younger) from the same school with one adult (parent, teacher, student), template for a legal guardian's permission: [HERE](#)
- **High school teams** – Team of 4 students from the same school (15 years and older)

In the competition of school teams the deciding time is the last member's finishing time. The total time of all the team members isn't taken into account and the team members aren't rated in individual order...

- **Company teams** – Team of 4 members, in which at least one woman must compete. The total time of all the team members is taken into account. The team members are also rated in individual order. The organizer will check, in case the team is awarded, if at least 3 of the team members work in the same company. One member of the team may be runner at charity run Srdce pro Porubu.

- **Family teams** – Team of 4 members, Mother, father and any number of children. Each member can choose any track except children which compete only on 10 km track. The total time of all the team members is taken into account. The team members are also rated in individual order. One member of the team may be runner at charity run Srdce pro Porubu.

### **Charity run Srdce pro Porubu (Heart for Poruba)**

- Noncompetitiv run of the youngest kids on 500m
- childrens: 13 - 18 years
- women: 19 - 39 years
- women: over 40 years
- men: 19 - 39 years
- men: over 40 years

### **STARTING FEE**

#### **on 66 km track:**

- 500,- Kč per person if paid until 20.2.
- 600,- Kč per person if paid in-between 21.2.- 22.4.
- 700,- Kč per person if paid during at check-in.

#### **on 38 km track:**

- 450,- Kč per person if paid until 20.2.
- 500,- Kč per person if paid in-between 21.2.- 22.4.
- 600,- Kč per person if paid during the check-in on the race day.

Costs 200,- Kč for university students if starting on 38 km track. Elementary and High school students racing on 35 km track don't have to pay, if they're competing in a team category.

on 3 km and 10 km track

- free

### **Charity run Srdce pro Porubu (Heart for Poruba)**

- 350,- Kč per person if paid until 22. 4.
- 400,- Kč per person if paid during the check-in on the race day.
- childrens 13 - 18 yers old 150,- Kč per person, not depend on date of registration
- run of Youngest kids on 500 m free

### **MEANS OF PAYMENT**

1) bank transfer - ccount 204796389 / 0600, variable symbol: generated in on-line registration form.

Registration form handed in personally will be accepted only if the starting fee is also payed.

2) personally

Starting fee is not returned in case of absence.

Starting fee includes: health and organising service, refreshment during race (68 km – 2x, 38 km – 1x) and a hot meal (goulash) in the finish. First 800 participants during the check-in will get a souvenir.

### **REGISTRATION FORMS AND TYPES OF REGISTRATION**

On 66 km, 38 km and 3 km tracks

1) ON-LINE: [www.porubajk.cz](http://www.porubajk.cz)

Registration forms can be copied

### **DEADLINE FOR ON-LINE REGISTRATION**

On 66 km, 38 km and 3 km it is due 22.04.2024 (including).

After the deadline you can only register at check-in before start.

### **CHECK-IN**

26<sup>th</sup> of April 16:00 – 20:00 Hlavní třída street near the start (bistro Florida) (roundabout)

27<sup>th</sup> of April 7:00 – 9:30 Hlavní třída street near the start (bistro Florida)

Racers registrating into the category for University students must show a document proving their studies at an University.

### **PRIZES – FINANCIAL BONUS**

5.000,- Kč BONUS for the fastest time on 68 km track

10.000,- Kč BONUS for the school of the fastest Elementary school team on 38 km track

10.000,- Kč BONUS for the school of the fastest High school team on 38 km track

5.000,- Kč BONUS for the fastest University student on 38 km track (man)

5.000,- Kč BONUS for the fastest University student on 38 km track (woman)

Material prizes are only for the first 3 racers in every category on 68 km and 38 km tracks.

In the 3 km noncompeting category “Parents with kids” will every participant get a small material prize.

### **TRACK CHARACTERISTIC**

66 km and 38 km tracks

Start is on Hlavní třída street in Ostrava Poruba, the track then continues to the park behind Myslivna restaurant and after riding through SAREZA swimming pool, largest open pool in Central Europe, it follows a road uphill the Skalka ski slope, after that, the track heads to Mexiko, Hýlov, and Kyjovice. Then the tracks are separating near Panský mlýn, the 38-km track proceeds to Pustá Polom, while the 68-km track continues through lovely deep valley of the river Setina until the race's highest point (499 metres) near Jakubčovice. Then there's a downhill part from Jakubčovice to Podvihov and then to Nové Sedlice, from where another downhill part leads to the second refreshment stop in Pustá Polom, where both tracks join (38 km and 68 km) and then quickly continue to the finish line. The end is in VŠB-TUO area.

Major part of the track leads along hardened forest roads.

3km track

Race will be set on Hlavní třída street, around the start of the main race. The track has 3 laps, so all the little racers can be constantly cheered up and motivated by their parents and friends. The track leads along asphalt pavements.

#### **ORGANIZER:**

KOLEČKO z.s., city district Poruba, city of Ostrava within the program of European city of sport, under the patronage of Poruba's mayor Ing. Lucie Baránková Vilamová Ph.D. and university VŠB-TUO

#### **TERMS OF PARTICIPATION**

Every racer takes part in this race at his own risk and during normal traffic. In the most exposed parts, Police of ČR and the organizers will coordinate the traffic.

Time will be measured with electronical chips.

Racers must wear helmets during the whole race.

Only the organizer can change the track's course.

Attendants younger than 18 will be allowed to race only with permission written by their legal guardian or must be accompanied by an adult (team category). Permission of a legal guardian can be downloaded: [HERE](#)

Every racer can race within only one category.

#### **RESULTS**

Unofficial results will be announced during the race.

Official results will be published within 24 hours on [www.porubajk.cz](http://www.porubajk.cz)

#### **NOTES AND RECOMMENDATIONS**

In case the race is canceled due to force majeure (earthquake, floods etc.), the starting fee isn't returned.

In case racer changes his/her racing category during the check-in, racers must pay extra 50,- Kč.

We recommend individual accident insurance and liability insurance.

I proclaim that I'm acknowledged with the instructions and I engage myself to obey them. I realize the fact that the race takes place during full traffic and therefore I will obey the rules of the

road. I also proclaim that I'm not aware of any health problem which wouldn't allow me to participate. I also understand that I take full responsibility for the damage to the property or health of a third person, me or the organizer, that could be done in context of my presence in the race. I commit to compete in a fair way, not to pollute the environment and to carry the litter with me until I reach the finish line or eventually to throw it away in the refreshment stops. Participants younger than 18 will be allowed to race only with permission written by their legal guardian, which must contain exact agreement for this matter.

This statement must be handed over at check-in. I allow the organizer to use provided facts only for purposes regarding the race.